

Lesson Plan: AUTOMOBILE SAFETY

Duration: 30 minutes

Description:

The students will identify safety rules as a passenger in an automobile.



- Links to the Curriculum:**
- Health and Physical Education
 - Healthy Living
 - Overall Expectations

C2 - Making Healthy Choices - Demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well being.

Specific Expectations

Personal Safety and Injury Prevention

C2.2 - Apply their understanding of good safety practices by developing safety guidelines for a variety of places and situations outside the classroom (e.g. safe routes and practices for going to school) (CT)

Teaching/Learning Strategies:

Have the students think of the most important safety procedures when you are going on a family car ride and explain why these rules are important. Be sure to emphasize that safety practices such as seatbelts are always important even if the trip is just around the corner!

Have the students share their list with a partner.

Have a class discussion. Have students share the list with the rest of the class. These rules are as follows:

- All passengers must wear their seatbelts properly. Make sure the lap belt is worn snug and low over the hips, not the abdomen. Make sure the shoulder belt goes over the shoulder and across the chest. NEVER tuck it under your arm or behind your back! That's not safe.

- All passengers keep head and hands inside and never throw anything out the window or inside the car (you could distract the driver).
- Talk quietly (loud noises can be distracting to the driver).
- Children ages 12 and under should ride in the back seat of the vehicle; it's the safest place.
- Booster seats.

Follow -up activity:

Have students illustrate one of the automobile safety rules from their list.